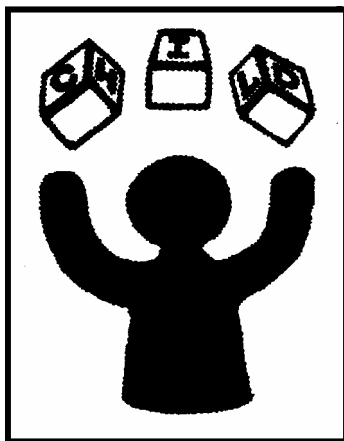


PLAYTIME

Volume 13, Issue 3

March, 2007

Sam Houston Chapter of the Texas Association for Play Therapy



2006 – 2007 Meetings

March 23, 2007: Board Meeting at 5:30 P.M.; General Meeting at 7:00 P.M. Panel Discussion of Seasoned Play Therapists on “How to Start a Private Play Therapy Practice”.

May 4, 2007: Board Meeting at 5:30 P.M.; General Meeting at 7:00 P.M. "Just Cut it Out: Activity Therapy with A Self- Mutilating Teenage Boy" by Clare Marie Duffy.

August, 2007: Annual Dinner Meeting: Past President Mary Elijah to present.

March 23 Workshop Topic: Panel Discussion- Establishing and Maintaining a Successful Play Therapy Practice

Attendees at SHAPT's March 23 regular meeting will be rewarded with wise, stimulating ideas from 5 successful, experienced play therapists in private practice in the Houston area. The topic is how to setup and maintain the business of a private practice. Panel members will answer questions and address topics suggested by members present. Topics and questions can be asked at the meeting, but to allow panelists time to consider the topics, you may also email questions and topics of interest to CherylSchindler5@sbcglobal.net or leave a message at 281-537-2046. Possible topics may include, but are not limited to: Setting up the office (location, equipment, leasing, etc); Pros and cons of hiring a receptionist, Scheduling clients, Billing (insurance vs. self-pay billing), Marketing, Maintaining client-base, Financial tips, or Surprising experiences in the business of private practice. The 5 panelists, introduced below, bring a wealth of varied experiences and training, with which to help us evaluate or begin planning our own businesses:

Julie Ann Burden, LPC, RPT, began her career as a special education teacher (for 8 years), and then a school counselor (12 years) in Cypress-Fairbanks ISD. The Cypress Counseling & Development Center, which she opened in 1999, is a successful, busy private practice in Cypress, Texas. She works with children through adults, employing a variety of methods in individual, couple, and family sessions. While respecting each individual's innate ability to journey toward their highest potential, it is her desire to facilitate and enhance the educational/growth process in a supportive, timely, and creative manner. She has been a parenting educator for over 15 years and has presented at the state and local level. She has also served on the board of TAPT (Texas Association for Play Therapy) as Director-at-Large and Treasurer.

Sally Creed, LPC-S, RPT-S, has fifteen years clinical experience as a Licensed Professional Counselor. Other credentials include Registered Play Therapist Supervisor, Trauma Resolution Therapist and Equine Assisted Psychotherapist (EAP). Since 1998 she has successfully operated her own counseling center (Fort Bend Christian Counseling Center) working with children, adolescents and adults. She has developed professional working relationships with area school districts. Her newest established practice has built a foundation of clients being effectively treated with EAP at Fiona Farms.

Julia (Judi) Gilbert, M.Ed., LPC, RPT-S, began her career as a kindergarten teacher at Abercrombie Academy (8 years). As a graduate counseling student (3 years) she facilitated Family Days and Family Aftercare Groups at Spring Shadows Glen. She was employed as a therapist at Champions Residential Treatment Center (3 years), and a Child Therapist at the Family Violence Center at Northwest Assistance Ministries (4 years) before opening her successful private practice in 1993. She served on the TAPT board 9 years, during which time she chaired two state conferences and served as President. She has given at least 25 presentations on play therapy at local, state, national and international in-services and conferences. In 2001, TAPT awarded her the esteemed Nancy Guillory Award.

Cynthia (Cindy) Hammonds, MA, LPC-S, RPT-S, began her career as a teacher in Aldine ISD, where she later worked as a school counselor, for a total of 13 years in that district. During that time, she also worked at Northwest Assistance Ministries as a contract play therapist. In March 2001 she opened her private practice, Hand In Hand Counseling and Consultation, which became her full-time career in 2004. She also works as a member of the Play Therapy Instructor Team at DePelchin Children's Center. Ms. Hammonds has acquired specialized training in Play Therapy, Theraplay, Parenting with Love and Limits, and Trauma and Loss. She has 14 presentations prepared which she has given at many conferences and workshops.

Gabriel (Gabe) I. Lomas, LPC-S, expects to graduate from Sam Houston State University with his Ph.D. in Counseling in May 2007. Gabe began his career as a special education teacher in resource and deaf education (6 years). He provided individual and group guidance, counseling and consultation for deaf students at Brazoria-Fort Bend Regional Day School Program (5 years). He opened his successful private practice in Houston in January 2002, where he provides assessment and counseling for families involved in child abuse and neglect, and vocational rehabilitation. Gabe also teaches courses in counseling and assessment in University of Houston – Clear Lake’s graduate school of education. He has presented on 11 topics, many on play therapy, at local, state and national conferences and workshops, and has taught 13 graduate level courses.

A Word from Wendy

Greetings!

The trees in my neighborhood have suddenly bloomed with new leaves. Just days ago, they were bare branches, resting and preparing for the renewal of spring. It amazes me how that period of rest can lead to such a burst of energy and growth. That cycle of rest and renewal is the same for each of us. Counseling others can be emotionally draining. We need to care for ourselves just as the trees have done. Each of us need to find that place which leads to restoration. Is it in exercise? Or is it in quiet reflection outside in nature or in a bubble bath? Is it in spending time with loved ones or in solitude? Travel or cocooning at home? May each of you seek out that special time of rest and renewal this spring!

I look forward to seeing you at the meeting March 23,
Wendy

Officers for 2006-2007

President – Wendy Stackel

President-Elect – Cheryl
Schindler

Secretary – Mary Engle

Treasurer – Sally Creed

Director at Large –
Dr. Yvonne Garza

TAPT Rep – Gabe Lomas

Past President – Mary Elijah

Continuing Education Information

This program is sponsored by the Sam Houston Association for Play Therapy, a chapter of the Texas Association for Play Therapy, a branch of the Association for Play Therapy. SHAPT maintains responsibility for the program.

APT Provider #98-047

LPC Provider #1938

LMSW Provider #CS3263

LMFT Provider

DIRECTIONS TO CY-FAIR INSTRUCTIONAL SUPPORT CENTER (where all

meetings are held), 10300 Jones Road, Suite 502, Houston, TX, in northwest Houston, near the intersection of Jones Road and FM 1960 West. It is on Jones Road, south of FM 1960 West, and south of Fallbrook Drive. Park near the bell tower, and use that entrance. Signs will be posted to direct you to the correct meeting room. For further information, call Mary Ring at 281-445-9192.

SHAPT budgets grant money each year for members to use in either developing their play therapy skills through continuing education courses or developing a play therapy project that furthers the practice of play therapy or provides research in the play therapy modality.

A grant proposal must be written and the recipient(s) must agree to present at an SHAPT general meeting. Apply with forms that can be accessed on our website at www.shapt.org and then submit to Mary Elijah, the grant chairperson.

ANNOUNCEMENTS

All newsletters will be sent by e-mail from this point forward except for those people who require one sent by stamped mail due to not having current e-mail available. If you know of someone who is in this situation and has not received our correspondence via post card, please let me know at Mary.Ring@hfbc.org or 281-445-9192.

(News and announcements for newsletter can be e-mailed to Mary Ring at mjzaiger@earthlink.net or Mary.Ring@hfbc.org)

SAM HOUSTON CHAPTER OF TEXAS ASSOCIATION FOR PLAY THERAPY MEMBERSHIP APPLICATION

I would like to join SHAPT as a:

Regular Member (\$20)

Student Member (\$15)

Name: _____ Degree: _____

Home Address: _____ License: _____

City: _____ Certification: _____

State/Zip: _____ FAX: _____

Home Phone: _____ Work Phone: _____

Organization Name: _____

Address: _____

E-mail Address: _____

Location of Practice: _____ Specialties: _____

I would be interested in being involved in SHAPT: Leadership Position Volunteer for Specific Events Presenter Committee Participation Other

Mail to: Mary Ring, 195 Coach Lamp Lane, Houston, TX 77060-4201
(Please put a check mark next to preferred mailing address.)